

This Issue:

- CogSkills
- StereoReading
-

Next Issue:

- What is Photofocus?
- Image Streaming
-

Cognitive Skills Beginners Course

Thank you for taking an interest in our programs and requesting this information booklet. Open Source Systems LTD has been teaching people to improve their cognitive skills for over 25 years now. This program is taught in Australia and New Zealand also where it is getting rave reviews. Here in Kenya it has been taught to over 700 students 98% of whom have benefited tremendously.

The beginners course is where most people start. It is run over 5 sessions each of 3 hours duration. Typically this translates to 5 mornings from 9:00am to 12:00 noon. The sessions progress very quickly our students ranging in age from 10 to 84 years and come to us with reading speeds of between 150 and 250 words per minute (wpm).

Session 1

In session 1 old habits are shown to students together with simple techniques to adopt and practices that help to correct these. This results in an immediate doubling of reading speed with many reaching speeds of 700 to 800 wpm in this very first session! In this session we also discuss each individuals needs and provide students with a student kit comprising a workbook and CD-ROM based materials going through what these materials are. We talk about the 7 natural intelligences of Gardiner and discuss Neurolinguistic Programming. Students are introduced to the Knowledge Map which is a kind of Mind Map on steroids! This KMap, as we like to call it, is the mainstay of this program and serves to increase reading speeds and recall into levels that you probably cannot believe you will attain as you read this...we're talking about reading at 25,000 wpm with 95% comprehension and close to 100% recall even years after you read the material concerned.

Session 2

In session 2 KMaps are discussed in greater depth and students are given a chance to practice with some example texts provided

and a tutor to guide them. A series of KMaps created by our staff and based on a simple text on elephants is used to provide step-by-step instruction on how to KMap. Once students have fully grasped the concept of the KMap we are ready to move onto the really, really fast reading techniques.

Session 3

In session 3 these high-speed techniques begin. Here is where we introduce stereoreading. First students are taught how to use their eyes to see a 3D image. Then, several stereograms are provided including hidden image and floater types followed by our own 3D images. Students are taught how to see these and how to apply this visual technique to pages of text. Actual text is used of various types including magazine articles, books and newsprint. Naturally we use KMaps to help us teach and to help students recall the techniques we teach all through the course. Next our KREST®© (Knowledge Re-engineered Study Technique) and CAKE®© (Computer Aided Knowledge Engineering) systems are taught. A special KMap recall technique is taught based on human memory decay knowledge.

On the following page we have provided a stereogram with a hidden image in it. If you can see the image you can stereoread perhaps as fast as 65,000 wpm. SMS us on 0733 494138 with a description of the image you see and you stand a chance to win a completely free Cognitive Skills course!

Session 4

In session 4 KREST is applied to a course reader contained in the student workbook. KREST is practiced to perfection and then applied to a 200-page novel. Students typically read the novel at 25,000 wpm which translated to whizzing through the book at roughly a page a second or about 3½ minutes to complete the entire thing!

Session 5

Open Source Systems LTD can be contacted at P O Box 850, The Village Market, Nairobi 00621 or Tel 0733 494139 or 0733 788501 or 020 523089. Our e-mail is dneal@acm.org and we're on the web at <http://opensourcekenya.tripod.com>

For more information call us on 0733 494138 or 020 523089
We are on the web at <http://opensourcekenya.tripod.com>

In session 5 our final session on this course memory systems are taught including Peg and Link, Phonetic and other advanced systems. Students are taught how to apply these systems to their, by now, very good KMaps and how when a KMap has elements in it that are difficult to remember, these systems give them 100% recall with very little effort.

Summary

In short, that is our introductory level course which we call Cognitive Skills. We run this course in 3 modes of which the mode we like the best is our tutorial groups in which we have just 5 or 6 students that come to our Nyari Estate offices. Here we are located by a lake where bird-life in our own private acacia forest abounds and the atmosphere is highly conducive to learning and peaceful for all of us. But we do also run the course at customers offices or in the privacy of their own residences if this is desired. Naturally there are higher charges for this...you should call us for more information on these customised programs. The third teaching mode is seminar based. Where we have 100 or more students we organize premises where we can accommodate large groups and teach using projectors and the like. Again, please do call us and discuss these special needs if you have them.

It takes a little time to digest the large amounts of information we provide in these 5 short days. Most students go away but keep in touch via e-mail and keep practicing what they have learned oftentimes feeding back to us wonderful stories of their successes. Inevitably the question arises - "What do I do next?" Our further course focus on teaching people to become financially free.

The Way Forward

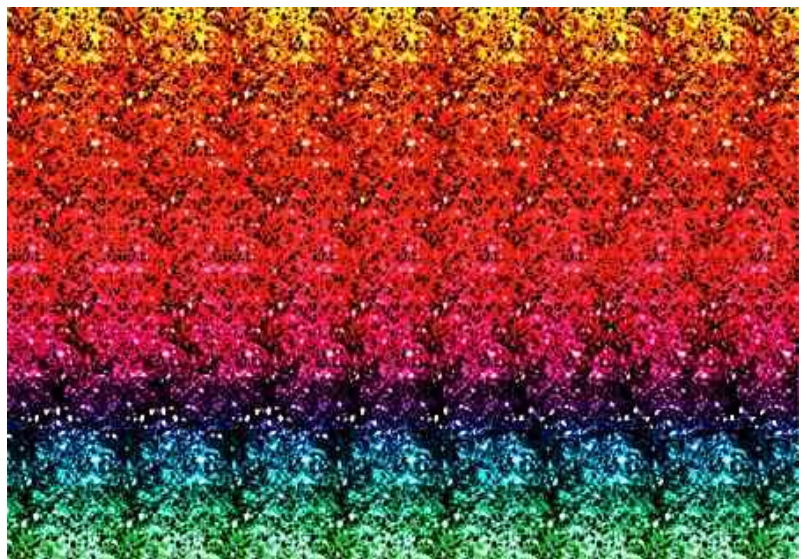
Having learned to use your right brain (which may have lain dormant for many years due to the way in which traditional schooling teaches people) we show our intermediate and advanced students how to again change their context and look at life in a way many have never seen before. We show that most of us have never been taught how to regard money properly. After all most of us are taught that we go to school to get high qualifications so that we can get high-paying jobs with good companies working there all our lives to create comfort for ourselves. Very rarely are students taught what goes on behind the picture described above such as how to become the company instead of working for the company. It may seem like a simple change of words but the change is profound.

Financial Freedom

Our goal is to make our students financially free. By this we mean the ability to do whatever one likes starting up businesses, building them, selling them and so on. We do this through a number of training systems and work through 3 additional course levels. Level 1 is Cognitive Skills of course, as described above. Level 2 is Cash Flow a course on the appreciation of the importance of cash flow rather than income. This course also teaches what the 4 main categories of working people are Employees, the Self-Employed, large

Business owners and Investors. Level 3 teaches about Real Estate and how money parked in real estate has been the method by which all those around the world that we call rich have made their big sums of money. Level 4 teaches about Paper Assets and the stock market where future generations will earn their money and how you can begin to take advantage of this right now.

There is a whole world of knowledge here that we cannot even hope to describe in a short document such as this. If you want to learn more please go out and purchase the book Rich Dad Poor Dad, by Robert Kiyosaki and apply your new found techniques to blast through this at a page a second. Create your KMap and put it through the Well-formedness rules before applying recall techniques to it. It should all take you less than an hour or two hours if you factor in going to a book shop to purchase the book.



Above is a stereogram with a hidden image in it. If you can see the image you can stereoread perhaps as fast as 65,000 wpm. SMS us on 0733 494138 with a description of the image you see and you stand a chance to win a completely free Cognitive Skills course!

Once you have done this and are all excited by the concepts in Roberts book call us and let's discuss putting you on the road to financial freedom. It works and the satisfaction you get from following this road, perhaps less traveled but certainly more peaceful and satisfying, is well worth the effort it takes to educate yourself.

Our contact numbers are all over this document. We look forward to hearing from you.

Open Source Systems LTD can be contacted at P O Box 850, The Village Market, Nairobi 00621 or Tel 0733 494139 or 0733 788501 or 020 523089. Our e-mail is dmeal@acm.org and we're on the web at <http://opensourcekenya.tripod.com>